

Bariatric Center

Weight Loss Surgery: Getting Started

Abbott Northwestern's Bariatric Center is dedicated to helping patients achieve significant weight loss and a healthier, more active lifestyle. Experienced surgeons and staff members focus on your individual needs. They provide guidance and support during all phases of your weight loss journey – before, during and after your surgery.

Your First Step

If you are considering weight loss surgery, your first step is to attend an informational seminar. The two surgical groups that work with Abbott Northwestern's Bariatric Center sponsor these seminars. Each group requires attendance at an informational seminar before scheduling an appointment with a surgeon. The seminars describe types of weight loss surgical procedures, help you understand the insurance approval process, and provide information on lifestyle and behavior changes that will happen before and after surgery. You should also contact your health insurance company and ask if your plan covers weight loss surgery. Ask that they provide you with the approval criteria for weight loss surgery. This information can help move the process forward.

Our Physicians

Abbott Northwestern's Bariatric Center works with two different surgical groups:

- Minneapolis Bariatric Surgeons, which includes Edmund Chute, MD, Raymond Drew, MD, and Michael Schwartz, MD. Their informational seminars are held at Abbott Northwestern, St. Francis Hospital in Shakopee and at WestHealth in Minnetonka. For more information, visit www.mplsbariatric.com or call 612-863-1580.

- Sayeed Ikramuddin, MD, and Daniel Leslie, MD. Their informational sessions are offered most Fridays from 1-3 p.m. in the Piper Building sixth floor classroom, located on the Abbott Northwestern Hospital campus. Classes are also offered on some Monday evenings. For further information about their seminar schedule, visit www.allina.com, go to "Classes" under "Be Healthy" and scroll the pull-down menu to Weight Loss Surgery Seminar – Ikramuddin or call Medformation at 612-262-3333.

Our Program

Abbott Northwestern's Bariatric Center has been making a difference in people's lives for 25 years. We are nationally recognized as a "Bariatric Center of Excellence" by the American Society for Bariatric Surgery. We partner with key providers and programs at Abbott Northwestern, including dietitians, physical therapists, psychologists, plastic surgeons, as well as the Institute for Health & Healing, LiveWell Fitness Center, Wasie Therapeutic Pool, Sleep Center and more. This means we can provide a thorough and comprehensive approach to weight loss surgery and follow-up care, ensuring that all the services and support you will need are readily available.

Contact Us

Visit www.abbottnorthwestern.com and go to "Services & Programs" then "Bariatric Center" in the "Departments & Programs" list or call 612-863-7501 for more information.

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