

# Wasie Therapeutic Swimming Pool 2010 Registration and Order Form

Sister Kenny Rehabilitation Institute – Abbott Northwestern Hospital

Name: \_\_\_\_\_ Today's date \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP \_\_\_\_\_

Telephone (H) \_\_\_\_\_ (W) \_\_\_\_\_

E-mail address \_\_\_\_\_

Emergency contact: \_\_\_\_\_  
Name Phone number

Diagnosis: \_\_\_\_\_

Your doctor: \_\_\_\_\_ Telephone: \_\_\_\_\_

Date of Dr. Order \_\_\_\_\_

## Medical Information

Seizures: No \_\_\_ Yes \_\_\_ If yes, please comment:

High blood pressure: No \_\_\_ Yes \_\_\_ If yes, please comment:

Cardiovascular problems: No \_\_\_ Yes \_\_\_ If yes, please comment:

Respiratory problems: No \_\_\_ Yes \_\_\_ If yes, please comment:

Are you on any medications that may affect your exercises session? \_\_\_\_\_

If yes, please comment:

**Please note: if you have the need for a snack (for diabetic reaction), nitro tablets, or asthma inhaler, please bring these items to the pool deck and inform the aquatic staff. Thank you.**

Please check which program(s) will you be attending?

- Arthritis Swim     Community Swim     Fibromyalgia Aquatic Exercise Program  
 Senior Swim     Independent Aquatic Exercise Program: Day(s) \_\_\_\_\_ Time \_\_\_\_\_  
 Independent Lap Swim Program: Day(s) \_\_\_\_\_ Time \_\_\_\_\_  
 Independent Low Back Aquatic Exercise Program     Swim lesson: Day \_\_\_\_\_ Time \_\_\_\_\_

Dear doctor; The above patient is participating in independent aquatic exercise programs at Wasie Therapeutic Swimming Pool Sister Kenny Rehabilitation Institute. An annual order is required for participation. Thank you for your signature indicating you feel that such participation would benefit the patient. This order will expire 12/31/10.

Doctor's signature \_\_\_\_\_ Date \_\_\_\_\_

Please return this form to the patient, e-mail to [wasielool@allina.com](mailto:wasielool@allina.com), fax to 612-863-4080, or mail to: Wasie Therapeutic Swimming Pool, 12107 Abbott Northwestern Hospital, 800 28<sup>th</sup> Street, Minneapolis, MN 55407